

Former resident Leah Frey-Rabine recently ordained as Jewish Cantor

Leah Frey-Rabine, C-I class of 1965, was welcomed on Jan. 12, into the lineage of ordained Jewish Renewal leaders. Five rabbis, one rabbinic pastor and another cantor were ordained with her in a ceremony that marked the beginning of the annual OHALAH Jewish Renewal conference in Broomfield, CO.

With her ordination, Frey-Rabine's increased focus upon teaching, after more than 30 years on the opera stage, becomes even more definitive. Frey-Rabine has lived in Germany since 1971 and maintains an active voice studio. After joining Egalitarian Minyan in Frankfurt twelve years ago, Frey-Rabine began to help lead services. Of that development, she says, "Back then I never thought my involvement would take me on this path, but here I am, likely the only Wagnerian soprano in the world who is also a Jewish cantor!"

Jewish Renewal is a movement that transcends the boundaries of the various Jewish denominations. Its membership includes people who are active in the Reform, Conservative, Reconstructionist and Orthodox worlds as well as others whose only religious/spiritual affiliation is Renewal. Founded by Rabbi Zalman Schachter-Shalomi, ALEPH has a growing seminary-without-walls with students from North and South American as well as Europe and Australia. Online classes are held year round with a one-week intensive course each summer that requires personal attendance. When students have acquired the necessary knowledge and



LEAH FREY-RABINE

expertise required, they are ordained. Course progression is individualized.

Among the many guests attending was Susan Matheson Ferris of Portland, OR, daughter of Lt. Col. Wm. K. ("Scotch") and Anna Marie Matheson and granddaughter of the George Syrens of Crosby and the Wm. A. Mathesons of Ironton/Riverton.

What does a cantor do? The cantor, or hazzan, leads synagogue services. A cantor has vocal ability as well as a thorough understanding of liturgy and the Hebrew and Aramaic languages. The cantor chants the liturgy, improvising on short, melodic phrases. Some of the melodies are from medieval times and some are even older. Each part of a service has its own distinct melodies. Those melodies vary depending upon service type. Weekday, Shabbat, yearly holidays all have their own

melodies. Additionally, there are special melodies for chanting the Torah (the first five books of the Bible), the readings from the Prophets, and festival books. Cantors use this range of melodies to make the liturgy "come alive" for the congregation.

According to newly ordained cantor Frey-Rabine, "Just like classical singers, we are re-creators, not creators. We don't own the music we sing and we certainly don't own the liturgy; we simply act as conscientious transmitters for the messages contained. I didn't get here by myself; I am standing on many powerful shoulders and the best way to honor their legacy is to pass it on to the next generation. I do this as a voice teacher and also as a Jewish leader. It is an honor and a privilege to be able to act in this capacity in the two widely divergent worlds I inhabit. I am extremely grateful!"

National Lineman Appreciation Day

Mille Lacs Energy Cooperative (MLEC) is recognizing April 18 as National Lineman Appreciation Day. We are recognizing all electric linemen for the services they perform around the clock in dangerous conditions to keep the power on and protect the public's safety.

"Electric linemen do not often receive the recognition they deserve," said Ralph Mykkanen, General Manager, MLEC. "They work all hours of the day, often in hazardous conditions, going above and beyond to restore power to their communities. Our linemen, as well as linemen from all across the nation, truly deserve a special day of recognition."

Mille Lacs Energy Cooperative invites the public to take a moment to thank a lineman for the work they do.

Birthing classes at CRMC in May

A free series of childbirth preparation classes taught by Cuyuna Regional Medical Center's Birthing Center nurses will be held in May at Heartwood Senior Living Community, located at 500 Heartwood Drive in Crosby. Classes are scheduled from 6 to 8 p.m. on Thursdays, May 8, 15, 22 and 29.

The series of comprehensive, interactive and enjoyable classes are designed for mothers and fathers and/or their labor support person. They are an opportunity to get to know other expectant parents as well as a chance to practice birthing skills.

The first class covers developing trust in your birth, empowerment, your desires for your birth, overview of labor and delivery, optimal fetal positioning, and how labor can begin.

The second class includes information on active labor and transition, professional labor support, obstetrical interventions, and comfort measures.

Class three covers planning for birth, pushing techniques, delivery, third stage labor, skin to skin, and the first hour after delivery.

The final class in the series is about packing for your birth, newborn appearance and behavior, post partum recovery, post partum adjustment, and a tour of the birthing center.

Women must register by the fifth or sixth month of pregnancy. For more information, call 546-4350.

CRMC makes donation to Food Shelf

Cuyuna Regional Medical Center in Crosby recently donated no longer needed equipment to the Emily Food Shelf. Several office partitions and lights will be sold at an upcoming community garage sale with all proceeds helping to feed the community's hungry.

Emily's Food Shelf is part of Second Harvest North Central Food Bank, a non-profit organization serving more than 135 hunger relief agencies in Aitkin, Cass, Crow Wing, Itasca, Koochiching, Kanabec and Mille Lacs counties. The Food Bank provides food that feeds many hungry children, working families, disabled people and the elderly.

Emily food shelf

The Emily Area Food Shelf, located at 20948 County Road 1, former Unity Bank, Emily Branch, is open the third Wednesday of each month from 9:30 to 11 a.m. and the following day of the same week. For more information, contact Nancy Moritz at 763-3097.

Library open in Emily City Hall

The city of Emily is accepting donations of movies for its new library located in the Emily City Hall. The library is no longer accepting book donations. The address at city hall is 39811 State Highway 6 in Emily with open hours of:

—Monday-Wednesday: 8:30 a.m. to 4 p.m.

—Thursday and Friday: 8:30 to 11:30 a.m.

The Emily Library is run on an honor system.



Easter egg hunt Saturday in Emily

The Lakers Lions are sponsoring an Easter Egg Hunt on Saturday, April 19 beginning at 10 a.m. at the Emily City Hall and community center.

Please bring your own bags or baskets for the eggs.

There will be fun and games with the Easter Bunny and Chic n' Little.

There will be hunts for three age groups: ages two to four years old; ages five to seven years old and ages eight to 10 years old.

For additional information contact Donna at 763-2255.

New hours for Outing library

The Outing library now offers free Wi-Fi and a laptop for public use. The only cost will be for printing.

The new hours at the library are:

—Monday: 10 a.m. to 3 p.m.

—Tuesday: 1 to 4 p.m. Volunteers are needed for this shift.

—Wednesday: 3 to 5 p.m.

—Thursday: 1 to 5 p.m.

—Friday: 9 a.m. to 1 p.m.

—Saturday: 10 a.m. to 1 p.m.



Personalized cake pan offered

The Grad Blast Committee is again offering personalized cake pans, 9x13 in size, and pie pans. This item makes a great gift for Mother's Day or any other special event.

Lids are offered in 11 color options ranging in price from \$25 to \$50. Colors available bright green, gray, orange, purple, ruby, turquoise, black, cranberry, green, navy or camouflage. The engraving includes clip-art from its supplier and two lines of copy. Custom copy is available, but it is limited to two lines. A jpeg image with two lines of copy is also available for the lid of the aluminum 9x13 pan.

A heavier aluminum 9x13 cake pan, also known as the doughmaker, is also offered with the for \$39 each.

Contact any Grad Blast Committee member or stop by the C-I Courier office to order today. Hurry, the deadline is Wednesday, April 28.



Arboretum Arbor Day fund-raiser April 25

Celebrate Arbor Day at the Northland Arboretum with a Fine Wine and Craft Beer Sampling on Friday, April 25 from 6 to 8 p.m. The cost is \$35 per person in advance, \$40 at the door.

Tickets are available at the Northland Arboretum, 14250 Conservation Drive in Brainerd, by calling 829-8770 or online at www.northlandarb.org.

Enjoy fine wine and craft beer sampling paired with different foods during the

event. Attendees will also enjoy a commemorative wine glass or beer glass to take home; seedling tree to take home; 'guessing jars'; silent auction; door prizes and more.

Arbor Day is a national holiday that is celebrated the last Friday in April. It is a chance to take stock of the trees in your yard, neighborhood and communities by maintaining those that are already there and planting new trees. The United States declared Arbor Day a national holiday to celebrate the importance of trees in our communities.

Jaques Art Center upcoming events

Events coming to the Jaques Art Center in Aitkin are:

—Wings, Water & Wildflowers: Now through May 3 A multimedia exhibit featuring the work of Nancy Hemstad Seaton and Betty Vos Hemstad. From the power and energy of Lake Superior to the beguiling invitation to stop and reflect along a forest path, we find inspiration for our work in glass, photography and water-colors.

For more information on any of the classes, or to register, call JAC at 927-2363.

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Emily Cooperative Telephone Company Seeking Board Candidates

Emily Cooperative Telephone Company is seeking prospective candidates to run for a position on the Board of Directors representing the Little Pine District. The candidate must reside in Little Pine Township and be a member of the cooperative. A member is anyone that has a 763 number and in good standing. A Director of the Cooperative shall among other things:

- Assume a fiduciary duty to the Cooperative;
- Possess the minimum knowledge and skills necessary to direct the affairs of a Cooperative;
- Be willing to devote such time and effort to the duties of a director as may be necessary.

Members of the ECTC Board of Directors are responsible for representing the Cooperative membership and for developing strategies, policies and objectives for the Cooperative.

Those interested in becoming a candidate for the Little Pine District should contact Robert Olson at emilytel@emily.net or at 218-763-3000.

Cuyuna Range EMERGENCY & PROFESSIONAL DIRECTORY

<p>In Crow Wing County</p> <p>FIRE...</p> <p>911</p>	<p>GARRISON 911 (Including So. Half of Bay Lake)</p> <p>DEERWOOD 911 (Including No. Bay Lake & E. Rabbit LakeTwp)</p> <p>CRISIS LINE & REFERRAL SERVICE 1-800-462-5525 OR 828-HELP 24 Hour Hotline</p>	<p>CROSBY 911 (Including Riverton, Ironton, Trommald, Perry Lake & Wolford.)</p> <p>CUYUNA 911 (Including W. Rabbit Lake Township.)</p>	<p>EMILY 763-2998 (Including Fairfield, Little Pine)</p> <p>OUTING (Emergency) 792-5100</p> <p>DNR...828-2565 828-2616</p> <p>Outing: 792-5383/792-5319</p>	<p>POLICE...</p> <p>CROSBY & IRONTON—546-5137</p> <p>DEERWOOD—534-3399</p>	<p>SHERIFF...</p> <p>Crow Wing County: 829-4749</p> <p>Cass County: 547-1424</p>	<p>HIGHWAY PATROL...</p> <p>Emergency: 0-Zenith-7000</p> <p>Road Information: 828-2400</p> <p>FBI...</p> <p>(612) 376-3200</p>
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HEALTH CARE SERVICES

<p>MESSAGE</p> <p>Jill E. Mattson Nationally Certified 546-6363 218 851-4337</p>	<p>DENTIST</p> <p>Philip G. Mayer, D.D.S. General Dentistry Mon.-Thurs., 8 to 5 Or by appointment, 546-5191 112 W. Main, Crosby</p>	<p>HOME HEALTH</p> <p style="font-size: 2em; font-weight: bold;">A better way to bring health care home.</p> <p>- A team approach - Home care - Palliative care</p> <p>- Hospice care - Lifeline - A better way</p> <p>HOME HEALTH PARTNERSHIP A Project Partnership service of the Aitkin and Cuyuna Medical Communities</p> <p>Call 1-800-698-2311 or visit www.cuyunamed.org to find out more.</p>	<p>ATTORNEY</p> <p>CHAS. E. BARNUM, III Attorney at Law Located in the lower level Unity Bank (218) 546-5178</p>	<p>VETERINARIAN</p> <p>Care Veterinary Clinic David C. Hanson, DVM Please call for an appointment 122 Fourth Street, Ironton (218) 546-7760</p>	<p>DOCTORS IN EYE CARE</p> <p>Crosby Eye Clinic Diseases of the Eye Cataract/Refractive & Laser Surgery Eye Examinations • Contact Lenses Designer Eyewear</p> <p>INA DROWN, M.D. STACY SJOBERG, M.D. MARTIN O' MALLEY, M.D. RICHARD WEST, O.D. MARY ZEISE, O.D. CASSIE MAIRS, O.D.</p> <p>546-5108 1-800-952-3766 CROSBY • BAXTER • REMER www.crosbyeyeclinic.com</p>
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